

St Mary's CE Primary School



Subject Leader Curriculum Map

Subject: PHYSICAL EDUCATION

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	Gym- Travelling, Balances and rolls Multi-skills	Multi-skills Benchball/Dodgeball game play.	Gym- Balances, travelling and rolls with apparatus Multi-skills	Dance related to theme/exploring movement Multi-skills	Striking-Rounders T-ball Small sided games	Sports day practice Athletics
2	Gym- Travelling, Balances and rolls Multi-skills	Small sided game play Multi-skills	Gym- Balances, travelling and rolls with apparatus Net game	Dance related to learning journey (expression) Game play- bench ball	Athletics Striking-Rounders small sided games	Athletics Striking Rounders
3	Game play/Football AV Forest School Alternate Through year.	Gym Match/mirror Netball/benchball	Gym Match/mirror On equipment Uni-hoc	Dance-relate to learning journey Net game/balloon volleyball/tennis	Athletics Striking- Rounders, playing bigger games	Athletics Striking
4	Gym-Partner balances. Invasion Game/Tag Rugby	Team Building Invasion Game/football	Gym partner balances Equip. Net Game seated volleyball/tennis	Dance-related to learning journey Team Building Invasion game/dodge ball	Athletics Striking. Rounders and looking at cricket skills	Athletics Striking
5	Gym Weight support Invasion game/tag at KES	Invasion Netball Hockey full	Gym Sequences weight support Equipment Net Game/Badminton	Orienteering Dance-relate to learning journey	Athletics Striking Rounders full games and cricket skills	Athletics Striking
6	Invasion Game Football Multi-sports/indoors	Invasion game Basketball/Tag rugby	Gym Flight Net Game/badminton/Volleyball.	Orienteering Dance-relate to learning journey	Athletics Striking Full games of Rounders. Pairs cricket games.	Athletics Striking

Within the KS 2 timetable we would also like to see team building activities and Fitness, this can be incorporated into the lesson or as a stand-alone lesson or sequence of lessons. If and when there is wet weather, we would still hope to do a lesson whether it be fitness, dance or Yoga in the classroom. We also have facilities for table tennis in the classroom and co-ordination games and activities.